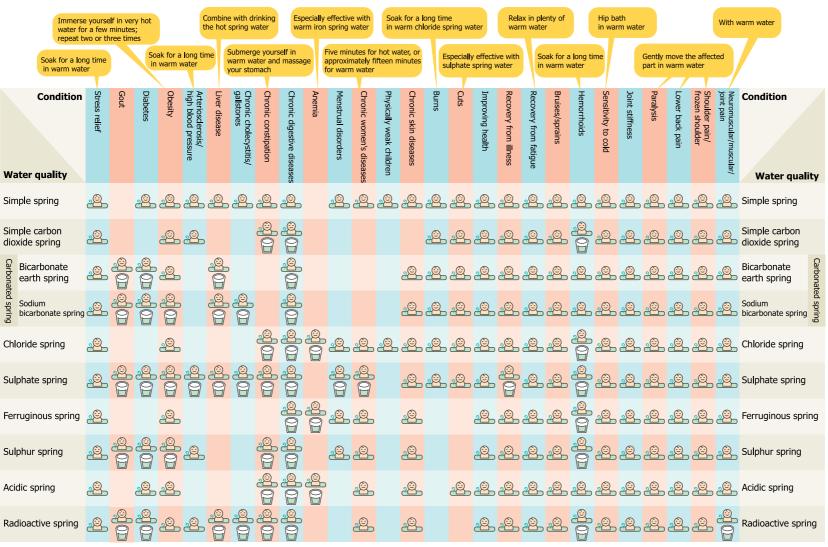


## Selecting an onsen (hot spring) according to your condition

It's a good idea to select onsen water quality according to your condition and symptoms. Onsen also have many other benefits in addition to those caused by its water quality.



The components in onsen water are very delicate.

Time passing since the water left the source, diluting, or heating the water can alter their quality.

